



WATERLOO CO-OPERATIVE PRESCHOOL | 2023

NOVEMBER NEWSLETTER

WELCOME FALL & FRESH WEATHER!



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A NOTE FROM SUPERVISOR TRACEY

The RECE educators are having lots of fun with the children as they are mastering new skills, gaining friendships, and comfort in their program.

November weather can be quite chilly out so it's a good time to be mindful of dressing for outdoor play.

Oversized splash pants that are easy to pull up over pants to keep them dry when exploring on the playground. Also a sweater, boots, coat, hat, and light mitts. A raincoat or winter coat depending on the weather as well. Layers are good because as the day warms up we can take off their outer layer. No laces and no scarves or strings please.

Please also ensure they have had a good meal, used the washroom, and washed their hands prior to coming to class

LAND ACKNOWLEDGEMENT

We acknowledge that our preschool is situated on the land that is the traditional home of the Chonnonton, Haudenosaunee and Anishinaabe peoples. We extend our respect to all First Nations, Metis and Inuit peoples for their past and present contributions to this land. We also recognize their enduring presence and deep traditional knowledge and philosophies with whom we share this land today.

We encourage our community to continue their reconciliation journey along with us by visiting the [National Centre for Truth and Reconciliation \(NCTR\)](#).

To find out more information about the land that you're on, visit [Native-Land](#) and [Whose Land](#).

FIVE LITTLE ACORNS POEM

Five little acorns hanging in a tree
The first one said "I'm as happy as can be"
The second one said "it feels like fall"
The third one said "the best season of all"
The fourth one said "the squirrel is around"
The fifth one said "hey, what's that sound?"
Then up ran the squirrel and Crunch, crunch, crunch!
The five little acorns became his lunch!



INSIDE THE CLASSROOM

The toddler class has settled in nicely and are happily engaging throughout their time here; The toddler class began using the playground to end our days together and they are loving it!

Reminder: *Please come dressed for the weather, have good outdoor footwear, oversized splash pants and mittens and hats as needed.*

Preschool classes transition indoors after our outside exploration period. The children will be helped to change into their indoor shoes and hang their belongings in their cubbies. They will then go to the washroom and wash hands (do any diaper changes) and proceed to snack. After snack it will be free play within all the activities set up in the room to explore and we will end our day with our favourite songs and books during carpet time before dressing for dismissal.

We appreciate all the communications we have had along the way as we've adjusted to our class dynamics and student comfort this past month. As always if a child is struggling we have conversations with families about how to best meet their needs and build their comfort within the dynamics of the class. We work closely with families and ECE professionals within our community to provide the best programming we can. You may meet Johanna, the manager at KW habilitation, at times when she is visiting the centre, Julie Attack is from KW habilitation as well and will be returning from maternity leave in November. She provides support to the educators and helps work with class dynamics and support individual needs.



We plan to introduce Jolly Phonics, having fun with songs and sounds to develop early literacy skills, working on name identification, fine motor and gross motor skill development, counting and number identification, and calendar time.

The KinderPrep children have demonstrated their literacy skills as they identify their names in print during our Hello song.

BOOKS, SONGS AND GAMES

The KinderPrep class has had fun with games like 'What Time is it Mr Wolf?', 'Ring Around the Rosie', and 'Going to Australia on Highway #1'.

The children are also enjoying singing songs together. The preschool might enjoy songs such as, 'The Wheels on the bus'. The KinderPrep children might enjoy songs such as, 'Mr Knickerbocker'. The preschool class has really enjoyed Pete the Cat books

CONTACT US ANY TIME!

Don't forget, you can reach us any time at:

waterloopreschool.teacher@gmail.com.

If you have communications for the educators, to avoid any miscommunication or lost communications, please use the email above to reach me as drop off and pick up times are very busy!

*Love Supervisor
Tracey*

Thank you all for being so diligent and keeping our children home when not well or showing symptoms of illness. It sure helps keep our membership and staff healthy!

LEAVE US A REVIEW!

We love to hear from you!
By leaving a review for WCP on Google, you're helping to spread the word about our wonderful preschool and all of the people involved. Your review may even be featured on our Website!

[Click here to leave us a review](#)

QUESTIONS?

Questions about tuition or other payments?

Contact:

waterloopreschool.treasurer@gmail.com

Questions about program placements, switching programs, or your co-op volunteer obligations?

Contact:

waterloopreschool.membership@gmail.com

Questions about being a classroom volunteer?

Contact:

waterloopreschool.secretary@gmail.com



PRESCHOOL COOK BOOK

We want to connect with our families and build a further sense of community by putting together a Preschool Cook Book.

Please email your child's favourite recipe so we can add at least one recipe per child to Assistant Supervisor Patty (waterloopreschool.asstteacher@gmail.com).

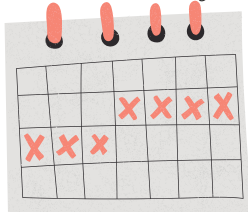
Assistant Supervisor Patty will put this keepsake together for you and is eager to add your family's favourite recipe in this diverse cookbook!



BOARD MEETINGS

We have an upcoming board meeting on November 21 at 6:30pm. We hope you'll join us! A Zoom link will be sent via email the day of the meeting.

Reminder: Families are expected to attend at least one board meeting over the course of the school year.



UPCOMING BOARD MEETINGS

Board meetings occur once a month on the 3rd Tuesday of each month at 6:30pm. Below is the preset board meeting for the rest of the 2023/2024 school year

- November 21
- December 19
- January 16
- February 20
- March 19
- April 16
- May 21
- June 11

FAMILY PHOTO

The children love seeing a familiar face in our classroom! Please send your family picture to Assistant Supervisor Patty waterloopreschool.asstteacher@gmail.com so we can add your photo to our Preschool Community Board.

We strive to create a welcoming environment and a sense of community.

CLOTHING LABELS



Please label everything your child brings to school. This will help educators keep track of personal items and return anything that may be misplaced.

We fundraise with the help of Lovable Labels. Twenty percent of your order supports the preschool!



FALL YARD CLEANUP

With all these falling leaves, we will hold two yard cleanup weekends! Please watch your emails for those dates.

If anyone wishes to volunteer please email our secretary at:

waterloopreschool.secretary@gmail.com

This is a great opportunity to contribute and fulfil your committee obligations!

SCHOLASTIC BOOKS

Scholastic book orders are back again this year! Flyers will be sent home from school or you can order any time online through Scholastic Canada. Be sure to use our classroom code **(RC167028)** so that we can earn 20 percent in rewards to purchase new books and items for the classroom.



DEVELOPMENTAL SCREENING

Regular developmental screening is important as children are growing and changing so quickly! <https://www.michaeltaynormd.com/storage/app/media/forms/master-set-asq.pdf>

At WCP the educators sometimes send home ASQs to help assess strengths and areas needing focus. If you wish for the next age ASQ for your child please reach out!

We know many of our children struggle with speech concerns during the early years. Here are some private options to access various therapy, that we are aware of:

- Bitkids
- Monarch House
- Sound Expressions
- Speech Pathways
- Speech Associates
- Beyond Words Waterloo
- Uptown Speech - Waterloo
- <https://www.uptownspeech.com/>
- Willow Tree Speech and Language Therapy
- Waterloo
- <https://www.willowtreeslp.com/>
- <https://www.soundexpression.ca/>
- <http://www.speakyourmind-kw.com/>
- <http://mclennanspeech.com/>
- <https://www.monarchhouse.ca/web/monarch-house-waterloo-king-west>
- <https://www.speechpathways.ca/> (this one comes to your home)
- <http://speechassociates.ca/>

We also would like to provide a direct link to CASLPO's register of SLP's that are legally able to work in Ontario:

<http://publicregister.caslpo.com/>, through this link, parents are able to do a search where parents can input where they live, what age their child is, etc

SEESAW APP

We hope we have been able to capture some of your child's discoveries and learning. Parent engagement is very important to us and we have made this our Early Years Engage team goal. We will attempt various parent engagement strategies and encourage open communication.

You can comment directly on Seesaw, like photos and interact or ask questions!

PARENT MEETINGS

The supervisors look forward to parent meetings on Zoom to ensure we are partnering in your child's education and goals!

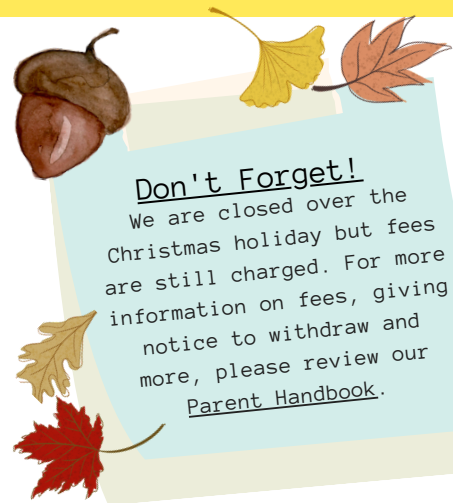
If you feel it is time for a meeting, please reach out to book your meeting. Meeting times are available between 7:30am and 2:30pm! Please let us know when is best for you.

We are happy to assist each child in meeting their individual goals! Zoom meetings help to better engage our families as we realize drop off and pick up times are very busy. Parent engagement is very important to us.

To schedule a meeting, please contact Supervisor Tracey at: waterloopreschool.teacher@gmail.com

EYE & HEARING TEST

This is now the time of the year that we suggest all families book an eye and hearing test before your child attends school. Our website has a few places that families have used in the past listed under resources. <https://www.waterloopreschool.org/parent-resources>



Don't Forget!

We are closed over the Christmas holiday but fees are still charged. For more information on fees, giving notice to withdraw and more, please review our Parent Handbook.

PARENT RESOURCES

FINE MOTOR DEVELOPMENT

Developing the pincer grasp is one of the first skills your child can work on that supports writing and printing in the future.

Toddlers can work with tweezers or eye droppers, or make crafts with stampers to work on their fine motor skills. [Here are 25 Activities to Inspire Pencil Grip.](#)

At age three, your child is ready to learn how to properly hold a pencil. For some [tips and techniques this a great article](#) to help parents set their child up for success.

Speech Sound Development

Speech Sound Norms taken from the Goldman Fristoe Test of Articulation-2 from 2000.

Age	Initial Sound	Medial Sound	Final Sound
2 years	/b/ /d/ /t/ /m/ /n/ /p/	/b/ /m/ /n/	/m/ /p/
3 years	/l/ /g/ /k/ /j/ /w/	/l/ /g/ /k/ ng /p/ /l/	/b/ /d/ /g/ /k/ /n/ /l/
4 years	/kw/	/d/	/l/
5 years	ch / /l/ /s/ sh / /b/	ch / /l/ /s/ sh /z/	/l/ ng ch / /s/ sh /t/ /v/ /z/
6 years	/t/ /v/ /b/ /d/ /f/ /t/ /g/ /g/ /k/ /k/ /p/ /s/ /t/	/t/ /v/	
7 years	/x/ /s/ /sp/ /sw/ th	th	th

This table is the age at which 85% of the GFTA-2 Standardization Sample correctly produced the consonant and consonant cluster sounds.

Centering Resilience



We invite you to center resilience with us.

Resilience is not the only answer when facing hard things, but it can provide grounding and a foundation for the work that lays ahead.

Centering resilience reminds us that we cannot give what we do not have, and thus, we must start on the inside and work our way out.



Knowing that resilience lives in the ordinary and small moments strikes us as an extremely realistic place to start when confronting adversity.

Resilience research reveals time and again that those who have overcome serious tragedies almost always attribute their resilience to ordinary, rather than extraordinary, processes (Ann Masten, 2014). At the Devereux Center for Resilient Children, we focus on building the protective factors of healthy...

relationships **initiative** **self-regulation** **internal beliefs**

...to foster resilience in children and adults. These protective factors are best nurtured in ordinary ways.

Remembering that **we belong to each other** (Mother Teresa) helps us center relationships, so that we may extend warm wishes to a stranger.

Remembering that **no act of kindness is too small** (Aesop) helps us center initiative, so that we can take one tiny step toward bettering the world.

Remembering that **feelings are visitors** (Mooji) helps us center self-regulation, so that we can start talking about feelings in our daily conversations.

Remembering that **they are all our children** (James Baldwin) helps us center healthy internal beliefs, so that we can unite in a common vision for a better future.



What is the smallest thing you can do today to nurture a **relationship, or to grow a sense of **initiative**, or to enhance **emotional coping skills**, or to celebrate your **beliefs and values**?**

Finding an answer to just one of these questions will create some much needed resilience momentum. Once we start to feel this shift, we can do more small and ordinary things to help us feel more connected and better able to cope.



We are grateful to each of you for your commitment to children, families, each other, and resilience.



Devereux CENTER FOR
ADVANCED BEHAVIORAL HEALTH RESILIENT CHILDREN

WE'RE HIRING

We are looking for Registered Early Childhood Educators!

The board continues to seek qualified applicants to help support our wonderful team. Know someone who is qualified? Refer them to us!

THANK YOU TO OUR STAFF

We are greatly appreciative of all the efforts of the entire team of RECEs, and the classroom support staff as we kicked off our 2023 School Year!

Be sure to say Hello when you drop off or pick up your child!

Room 1: Cheri with Jess & Erin,

Room 2: Jen & Kelsey

Support staff: Miah, Natalie & Stephanie

Supply staff: Kathleen & Eveliina

PRESCHOOL OPEN HOUSE

Join us on **Tuesday, November 14th**, from **4:00pm to 6:00pm** for our annual open house!

Get to know the educator team, the classroom, and our programs.

We still have a few Afternoon KinderPrep spots available; bring a friend who might be interested!



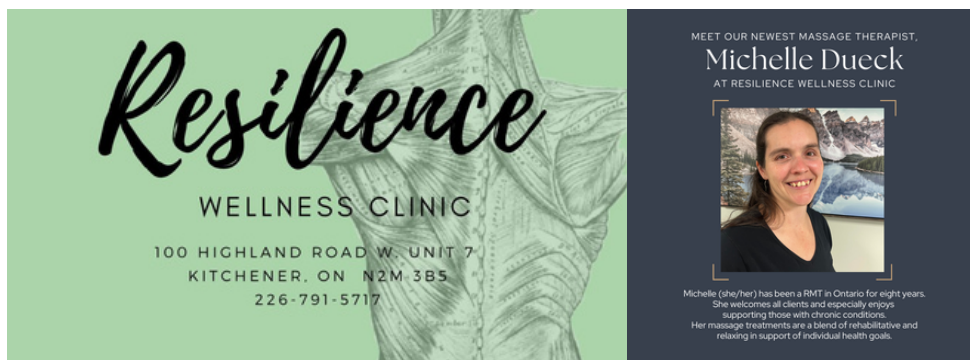
SPONSORSHIP CORNER

A warm thank you to our sponsors for sponsoring Waterloo Co-operative Preschool! Your generous funding will allow us to provide great programming, fun field trips, and hands-on learning for our children.

RESILIENCE WELLNESS CLINIC

Our goal is to provide you with a personal and positive Massage Therapy experience and educate you with proper home care so that you have the tools to achieve and maintain your most optimal health. Massage Therapy is beneficial for relieving muscle tension and associated pain, reducing feelings of stress, increasing circulation for improved healing, and improving range of motion. We look forward to helping you with your healthcare needs.

Whether it's dealing with separation anxiety or easing the transition from home to preschool, the National Association for the Education of Young Children has a wealth of resources available for parents.



The image shows two promotional cards for Resilience Wellness Clinic. The left card features the word "Resilience" in a large, black, cursive font over a green background with a faint anatomical drawing of a human torso. Below it, the text reads "WELLNESS CLINIC", "100 HIGHLAND ROAD W. UNIT 7", "KITCHENER, ON N2M 3B5", and "226-791-5717". The right card is dark blue and titled "MEET OUR NEWEST MASSAGE THERAPIST, Michelle Dueck AT RESILIENCE WELLNESS CLINIC". It includes a photo of Michelle Dueck, a smiling woman with dark hair, and a small inset image of a snowy mountain landscape. Below the photo, a short bio reads: "Michelle (she/her) has been a RMT in Ontario for eight years. She welcomes all clients and especially enjoys supporting those with chronic conditions. Her massage treatments are a blend of rehabilitative and relaxing in support of individual health goals."

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PHONICS DAD

At WCP, we support early reading skills in many ways. New this year, we're partnering with Phonics Dad to help parents reinforce these skills at home. With fun and engaging tips and tricks, Phonics Dad shows parents how to introduce Phonics to children as young as 3. Use promo code WCP2023 for 20% off. WCP also gets back 20% of every sale using that promo code, so share with friends & family. For more information, follow @PhonicsDad on Instagram or talk to our staff.





Help us
continue to make
WCP a
Place to Grow

Want to sponsor a great organization in your community?

Waterloo Co-operative Preschool is looking for sponsors to help us continue to nurture the inquisitive minds of tomorrow! Choose one of our sponsorship levels or donate the amount of your choice for a tax receipt.

Bronze \$200
Company name & description in our newsletter & on our website

Silver \$350
Company name & description in our newsletter, on our website, promotion via social media stories

Gold \$450
Company name & description in our newsletters, on website, promotion on social media via stories & grid post

Platinum \$600+
Company name & description in our newsletter, on website, promotion via social media, company logo included on our banners

Contact our President for more information:
waterloopreschool.president@gmail.com

