



# NOVEMBER NEWSLETTER

WELCOME FALL & FRESH WEATHER!



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## A NOTE FROM TEACHER TRACEY LAND ACKNOWLEDGEMENT

The teachers are having lots of fun with the children as they are mastering new skills.

November weather can be quite chilly out so it's a good time to be mindful of dressing for outdoor play.

Oversized splash pants that are easy to pull up over pants to keep them dry when exploring on the playground. Also a sweater, boots, coat, hat, and light mitts. A raincoat or winter coat depending on the weather as well. Layers are good because as the day warms up we can take off their outer layer. No laces and no scarves or strings please.

Please also ensure they have had a good meal, used the washroom, and washed their hands.

We acknowledge that our preschool is situated on the land that is the traditional home of the Chonnonton, Haudenoraunee and Anishinaabe peoples. We extend our respect to all first nations, metis and inuit peoples for their past and present contributions to this land. We also recognize their enduring presence and deep traditional knowledge and philosophies with whom we share this land today.

We encourage our community to continue their reconciliation journey along with us by visiting the [National Centre for Truth and Reconciliation](#) (NCTR).

To find out more information about the land that you're on, visit [Native-Land](#) and [Whose Land](#).

## FIVE LITTLE ACORNS POEM

Five little acorns hanging in a tree  
 The first one said "I'm as happy as can be"  
 The second one said "it feels like fall"  
 The third one said "the best season of all"  
 The fourth one said "the squirrel is around"  
 The fifth one said "hey, what's that sound?"  
 Then up ran the squirrel and Crunch, crunch, crunch!  
 The five little acorns became his lunch!



## CLASSROOM UPDATES AND TOPICS

The toddler class has settled in nicely and are happily engaging throughout their time here; The toddler class will now begin each day out on the playground at 9am until approximately 9:30/45 am . Please come dressed for the weather, have good outdoor footwear, oversized splash pants and mittens and hats as needed. Toddlers will be having wacky/funny hair day on Nov 8th as a couple of children seem to be very interested in doing so! We will transition indoors after our outside exploration period. We realize this may generate some tears in a few children as the new routine may throw them off a bit. The children will be helped to change into their indoor shoes and hang their belongings in their cubbies. They will then go to the washroom and wash hands (do any diaper changes) and proceed to snack time. After snack time it will be free play within all the activities set up in the room to explore and we will end our day with our favorite songs and books during carpet time before dressing for dismissal.



We appreciate all the communications we have had along the way as we adjusted to our class dynamics and student comfort this past month. As always if a child is struggling we have conversations with families about how to best meet their needs and build their comfort within the dynamics of the class. We work closely with families and ECE professionals within our community to provide the best programming we can. You may have met Bhavneet at times when she is visiting the centre, she is from KW habilitation and provides support to the teachers and helps to work with class dynamics and support individual needs.

We will continue studying Jolly Phonics, having fun with songs and sounds to develop early literacy skills, working on name identification, fine motor and gross motor skill development, counting and number identification, and calendar time.

The KinderPrep children have demonstrated their literacy skills as they identify their names in print during our Hello song.

### MUSIC EVENT!

On November 21 and 25, University of Laurier music students will be coming to engage the children and families in a fun filled afternoon. Plan to **join your child** from 2:15-4pm those days to join in on the fun. WE wish to find opportunities to engage our families more in the future.

Please let the teachers know if you cannot attend

## BOOKS, SONGS AND GAMES

The KinderPrep class has had fun with games like 'What Time is it Mr Wolf?', 'Ring Around the Rosie', and 'Going to Australia on Highway #1'.

The children are also enjoying singing songs together. The preschool class has enjoyed 'The Wheels on the bus'. The KinderPrep children have really enjoyed songs like 'Mr Knickerbocker'.

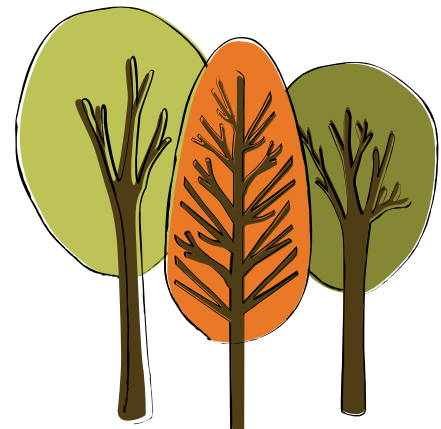
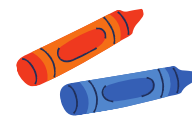
The preschool class has really enjoyed Pete the Cat books

### CONTACT US ANY TIME!

Don't forget, you can reach us any time at [waterloopreschool.teacher@gmail.com](mailto:waterloopreschool.teacher@gmail.com).

If you have communications for the teachers, to avoid any miscommunication or lost communications, please use the email above to reach me as drop off and pick up times are very busy!

*Love Teacher Tracey*



## IMPORTANT DATES

- **October 29** - Yard clean up
- **November 5** - yard clean up
- **November 8** - Toddler wacky hair day
- **November 11** - Remembrance Day
- **Novemebr 15** - Open house 11:15-12:15
- **November 16** - Board Meeting, 7:30 p.m. via Zoom
- **November 21 & 25** - Music event with U of L students
- **November 28** - ECE PD day (school is CLOSED)

# PRESCHOOL COOK BOOK

We want to connect with our families and build a further sense of community by putting together a Preschool Cook Book.

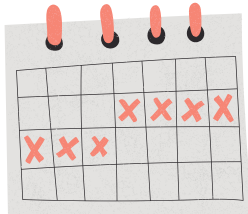
Please email your child's favourite recipe so we can add at least one recipe per child to Teacher Patty ([waterloopreschool.asstteacher@gmail.com](mailto:waterloopreschool.asstteacher@gmail.com)).

Teacher Patty will put this keepsake together for you and is eager to add your family's favourite recipe in this diverse cookbook!

# BOARD MEETINGS

We have an upcoming board meeting on November 16 at 7:30 p.m. Feel free to join us! A Zoom link will be sent around prior to the meeting.

A reminder that parents are expected to attend at least one board meeting over the course of the school year.



# UPCOMING BOARD MEETINGS

Board meetings occur once a month on the 3rd Wednesday of each month at 7:30pm. Below is the preset board meeting for the rest of the 2022/2023 school year

- December - Dec 14
- January - Jan 18
- February - Feb 15
- March - March 15
- April - April 19
- May - May 17
- June - June 14



# FAMILY PHOTO

The children love seeing a familiar face in our classroom! Please send your family picture to Teacher Patty ([waterloopreschool.asstteacher@gmail.com](mailto:waterloopreschool.asstteacher@gmail.com)) so we can add your photo to our Preschool Community Board.

We strive to create a welcoming environment and a sense of community.

# FALL YARD CLEANUP

We have so many leaves falling on our playground. We will be in need of two yard clean up dates. They are the last weekend in October and the first weekend in November. If anyone wishes to volunteer please email Steve at [waterloopreschool.secretary@gmail.com](mailto:waterloopreschool.secretary@gmail.com). This is a great opportunity to contribute and fulfill your committee obligations! If you have any questions about yard clean up or cleaning duties please contact the operations officer at [waterloopreschool.operations@gmail.com](mailto:waterloopreschool.operations@gmail.com)

If you haven't been assigned a job yet, please email Steve as soon as possible. Committee roles are mandatory at our preschool

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# CLOTHING LABELS



Please label everything your child brings to school. This will help teachers keep track of personal items and return anything that may be misplaced.

We fundraise with the help of Lovable Labels. Twenty percent of your order supports the preschool!



# SCHOLASTIC BOOKS

Scholastic book orders are back again this year! Flyers will be sent home from school or you can order any time online through Scholastic Canada. Be sure to use our classroom code (**RC167028**) so that we can earn 20 percent in rewards to purchase new books and items for the classroom.



## DEVELOPMENTAL SCREENING

Regular developmental screening is important as children are growing and changing so quickly! <https://www.michaeltaymormd.com/storage/app/media/forms/master-set-asq.pdf>

At WCP the teachers sometimes send home ASQs to help assess strengths and areas needing focus. If you wish for the next age ASQ for your child please reach out!

We know many of our children struggle with speech concerns during the early years. Here are some private options to access various therapy, that we are aware of:

- Bitkids
- Monarch House
- Sound Expressions
- Speech Pathways
- Speech Associates
- [Beyond Words Waterloo](#)
- Uptown Speech - Waterloo
- <https://www.uptownspeech.com/>
- Willow Tree Speech and Language Therapy
- Waterloo
- <https://www.willowtreeslp.com/>
- <https://www.soundexpression.ca/>
- <http://www.speakyourmind-kw.com/>
- <http://mclennanspeech.com/>
- <https://www.monarchhouse.ca/web/monarch-house-waterloo-king-west>
- <https://www.speechpathways.ca/> (this one comes to your home)
- <http://speechassociates.ca/>

We also would like to provide a direct link to CASLPO's register of SLP's that are legally able to work in Ontario:

<http://publicregister.caslpo.com/>, through this link, parents are able to do a search where parents can input where they live, what age their child is, etc

## SEESAW APP

We hope we have been able to capture some of your child's discoveries and learning. Parent engagement is very important to us and we have made this our Early Years Engage team goal.

We will attempt various parent engagement strategies and encourage open communication.

You can comment directly on Seesaw, like photos and interact or ask questions!

## PARENT MEETINGS

The teachers are looking forward to parent meetings on zoom during November and December early mornings. If you feel like it is time for a meeting with the teachers, please contact the teachers at [waterloopreschool.teacher@gmail.com](mailto:waterloopreschool.teacher@gmail.com). The first meeting time is 7:30am. The teachers are happy to assist each child in meeting their individual goals.

## EYE AND HEARING TEST

This is now the time of the year that we suggest all families book an eye and hearing test before your child attends school. Our website has a few places that families have used in the past listed under resources. <https://www.waterloopreschool.org/parent-resources>



### Don't Forget!

We are closed over the Christmas holiday but fees are still charged. For more information on fees, giving notice to withdraw and more, please review our [Parent Handbook](#).

## PARENT RESOURCES

### FINE MOTOR DEVELOPMENT

Developing the pincer grasp is one of the first skills your child can work on that supports writing and printing in the future.

Toddlers can work with tweezers or eye droppers, or make crafts with stampers to work on their fine motor skills. [Here are 25 Activities to Inspire Pencil Grip.](#)

At age three, your child is ready to learn how to properly hold a pencil. For some [tips and techniques this a great article](#) to help parents set their child up for success.

### Speech Sound Development

Speech Sound Norms taken from the Goldman Fristoe Test of Articulation-2 from 2000.

Age	Initial Sound	Medial Sound	Final Sound
2 years	/b/ /d/ /t/ /m/ /n/ /p/	/b/ /m/ /n/	/m/ /p/
3 years	/l/ /g/ /k/ /t/ /w/	/l/ /g/ /k/ ng /p/ /t/	/b/ /d/ /g/ /k/ /n/ /t/
4 years	/kw/	/d/	/t/
5 years	ch / /l/ /s/ sh / /b/	ch / /l/ /s/ sh /z/	/l/ ng ch / /s/ sh /t/ /v/ /z/
6 years	/t/ /v/ /b/ /d/ /f/ /t/ /g/ /g/ /k/ /k/ /p/ /s/ /t/	/t/ /v/	
7 years	/x/ /s/ /sp/ /sw/ th	th	th

This table is the age at which 85% of the GFTA-2 Standardization Sample correctly produced the consonant and consonant cluster sounds. [www.mommyanddaddy.com](http://www.mommyanddaddy.com)

# Centering Resilience



**We invite you to center resilience with us.**

Resilience is not the only answer when facing hard things, but it can provide grounding and a foundation for the work that lays ahead.

Centering resilience reminds us that we cannot give what we do not have, and thus, we must start on the inside and work our way out.



**Knowing that resilience lives in the ordinary and small moments strikes us as an extremely realistic place to start when confronting adversity.**

Resilience research reveals time and again that those who have overcome serious tragedies almost always attribute their resilience to ordinary, rather than extraordinary, processes (Ann Masten, 2014). At the Devereux Center for Resilient Children, we focus on building the protective factors of healthy...

**relationships initiative self-regulation internal beliefs**

...to foster resilience in children and adults. These protective factors are best nurtured in ordinary ways.

Remembering that **we belong to each other** (Mother Teresa) helps us center relationships, so that we may extend warm wishes to a stranger.

Remembering that **no act of kindness is too small** (Aesop) helps us center initiative, so that we can take one tiny step toward bettering the world.

Remembering that **feelings are visitors** (Mooji) helps us center self-regulation, so that we can start talking about feelings in our daily conversations.

Remembering that **they are all our children** (James Baldwin) helps us center healthy internal beliefs, so that we can unite in a common vision for a better future.



**What is the smallest thing you can do today to nurture a **relationship**, or to grow a sense of **initiative**, or to enhance **emotional coping skills**, or to celebrate your **beliefs and values**?**

Finding an answer to just one of these questions will create some much needed resilience momentum. Once we start to feel this shift, we can do more small and ordinary things to help us feel more connected and better able to cope.



**We are grateful to each of you for your commitment to children, families, each other, and resilience.**



**Devereux** CENTER FOR  
ADVANCED BEHAVIORAL HEALTH RESILIENT CHILDREN

## POSITIONS AT THE PRESCHOOL

We continue to look for a Registered Early Childhood Educator

Please be aware that the entire Province is experiencing a shortage of qualified Registered Early Childhood Educators. The board has been monitoring our staffing situation carefully and continue to seek qualified applicants to help support our wonderful team. There may be the unfortunate circumstance where a class may need to be canceled due to lack of qualified staff. We have chosen to chance this option over changing our structure in order to reduce impact on the membership. We do have one staff that will be graduating and obtaining their RECE in January and we hope this will help support the RECE team on days they are needing to be off.

We are greatly appreciative of all the efforts of the entire team of RECEs, and the classroom support staff as we kicked off our 2022 School Year!

We are also looking to fill our Book keeping position at the preschool

Any interest can be sent to [waterloopreschool.president@gmail.com](mailto:waterloopreschool.president@gmail.com)

## PRESCHOOL OPEN HOUSE

We are excited to announce our annual Open House is back!

Join us on Tuesday November 15th from 11:15-12:15pm. Come and see our classroom, meet our teachers and ask questions. Bring a friend who might be interested in visiting the classroom

## JOIN OUR BOARD

We still need to fill Our Membership board role and School Improvement board role

Some duties of the Membership Officer

- Registers all children in Preschool classes
- Maintains a master list of all active members and a wait list for each class

Some duties of the School Improvement Officer

- Prepares and monitors a schedule for school cleaning by the School Improvement Committee
- Coordinates, attends and manages the Spring and two Fall clean ups each school year

For a full list of Role duties see page 34 of the [parent handbook](#)