



WATERLOO CO-OPERATIVE PRESCHOOL | 2023

# MAY NEWSLETTER

## LET'S START BLOOMING!



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## A NOTE FROM THE TEACHERS

We have been enjoying our early morning parent meetings on Zoom! If you feel it is time for a meeting with the teachers, please reach out to book your meeting! We are happy to assist with each child in meeting their individual goals.

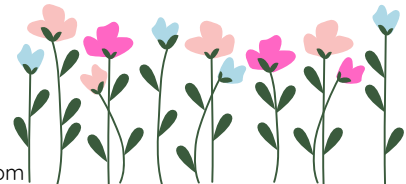
Staff will continue to support children with their unique goals and objectives to help child's development and skills. Cutting, pencil grip, and name recognition will continue to be a focus. We will encourage full body development from gross motor to fine motor, and work on social, emotional and cognitive skills. We set up intentional learning opportunities for the children to engage and follow how learning happens pedagogy.

## We're Expanding

We can now offer more quality classes to families now that we have expanded into the adjoining room offering 20 more spaces! If you would like to add on to your current days, please inquire with our membership officer at: [waterloopreschool.membership@gmail.com](mailto:waterloopreschool.membership@gmail.com) [see our new class offerings here.](#)

## Land Acknowledgment

We acknowledge that our preschool is situated on the land that is the traditional home of the Chonnonton, Haudenosaunee and Anishinaabe peoples. We extend our respect to all First Nations, Metis and Inuit peoples for their past and present contributions to this land. We also recognize their enduring presence and deep traditional knowledge and philosophies with whom we share this land today.



## SPRING IS IN THE AIR

May is here  
and spring is in the air!  
Flowers are blooming  
and trees are no longer bare.  
The birds are chirping  
the sun is finally out!  
The animals are playing  
and running all about.



We don't want to see you go! Just in case you need it, here is our Withdrawal Form

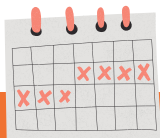
# CURRICULUM

## UPCOMING CLASSROOM DEVELOPMENTS & TOPICS

Our teachers will continue to support your children with their unique goals and objectives to help the child's development and skills. Things such as cutting, pencil grip, and name recognition will continue to be a key focus. We will encourage full body development, tool from gross motor to fine motor, and work on social, emotional & cognitive skills.

### BOOKS OF INTEREST

- Do you speak English Moon?
- There Was an Old Lady Who Swallowed a Fly
- I Knew You Could
- We Share Everything
- Charlie Cook's Favourite Book
- Monkey Puzzle
- The Gruffalo
- The Gruffalo's Child
- Toad on the road



## IMPORTANT DATES

- **May 6 & 7** - Yard Clean Up
- **May 14** - Mother's Day!
- **May 16** - Annual General Meeting @ 6:30pm
- **May 22** - Victoria Day (Closed)

### WCP is looking for doll strollers!

Many of the children love to play with doll strollers & we are in need of a few more. If you have doll strollers you are no longer using and would like to donate, please contact Teacher Tracey: [waterloopreschool.teacher@gmail.com](mailto:waterloopreschool.teacher@gmail.com)



### SONGS OF INTEREST

- Elephants Have Wrinkles
- Skinamarinky Dinky Dink
- I'm a Little Teapot
- Hi, My Name is Joe

### GAMES OF INTEREST

- Simon Says
- What Time Is It, Mr Wolf?
- Duck Duck Goose
- Red Light, Green Light
- Freeze Dance
- Pass the Ball
- Parachute games

### MEET OUR NEW EDUCATOR

Kelsey is our newest educator at WCP. She graduated from the ECE program in 2016 and has experience with all age groups in a variety of settings. She knew from a young age that early childhood education was her passion, and she enjoys seeing and being a part of the children's growth and development and learning alongside them. Kelsey also loves reading, dogs, and hockey!

Please join us in welcoming Kelsey to the WCP family!



### ENVIRONMENT IS THE THIRD TEACHER

The environment is the third teacher and is valued for its power to organize, promote relationships and educate. It mirrors the ideas, values, attitudes and cultures of those who use the space."

"Children thrive in indoor and outdoor spaces that invite them to investigate, imagine, think create, solve problems, and make meaning from their experiences -especially when the spaces contain interesting and complex open ended materials that children can use in many ways" A growing body of research suggests that connecting to the natural world contributes to children's mental, physical, emotional and spiritual health and well being."

The teachers at WCP are diving deep into how we can better engage our environment and have made this our Early Years Engage goal this year. We have been learning and applying new knowledge and research to best influence the children we serve.

### COVID SCREENING

Families no longer need to send their passed COVID screening to the teachers every morning.

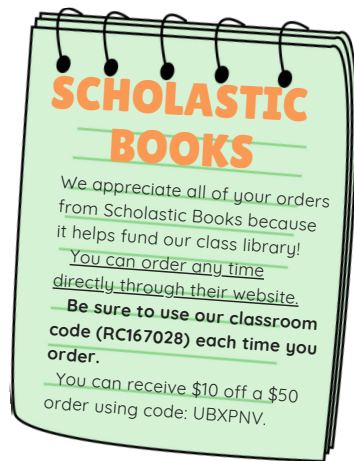
Please continue to monitor your child's health and only attend school if they are healthy!

# BE A 2023/2024 BOARD MEMBER

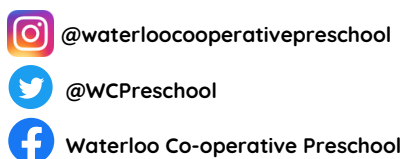
We are recruiting board members for the 2023-2024 school year. The preschool needs your participation! Please consider helping to form the next board of directors. Be the voice of the membership, make important decisions behind the scenes in roles like President, Vice President, Treasurer, Membership officer, assistants, communication officer, Grants and funding positions, fundraising and more! Come join the team! Your skills are valuable to us!

## HEARING & VISION RESOURCES

Now is the time of the year that we suggest all families book an eye and hearing test before your child attends school! [You can find a list of community resources on our website.](#)



## FOLLOW US



# REGISTER FOR FALL 2023

*Registration for the 2023/2024 school year is now open!*

A link to our new pre-registration form has been sent out, as well as details on the class structure & registration process. Your \$23.63 membership fee will be required to reserve your child's spot.

If you have any questions or did not receive this email, please contact WCP's Membership Officer: [waterloopreschool.membership@gmail.com](mailto:waterloopreschool.membership@gmail.com)

*Spaces are limited — save your child's spot today!*

**Registration is open for new families, too!**

*Tell your friends & family they can enrol at WCP this fall!*

## THE WCP COOKBOOK IS HERE

Thank you to all the families who sent in their favourite recipes for our school cookbook! It has been such a joy to put together and we can't wait to share the results with you. Please keep an eye on your inboxes for this special project, coming this Mother's Day!

Be sure to let us know which recipes you try.

**Tag us on Instagram!**

@waterloocooperativepreschool

## WE'RE HIRING

*Do you have your Level C First Aid CPR? Are you or someone you know interested in becoming a supply staff at Waterloo Cooperative Preschool? Please contact Tracey!*

[waterloopreschool.teacher@gmail.com](mailto:waterloopreschool.teacher@gmail.com)

# SPRING YARD CLEAN UP

Playground clean up will take place the weekend of May 6th & 7th. Please be sure to contribute some time on the playground to help clean it and make it a fun, safe place to be!

A list of chores can be found in your email, everything needs a little sprucing, and weeding is an ongoing chore so if you cannot make one of these dates then please make arrangements to come later in May or early June to help with weeding!

## ANNUAL SPRING GENERAL MEETING

Our Annual Spring General Meeting will be held on **Tuesday, May 16, at 6:30pm.**

*Attendance is mandatory* for all WCP members as we will elect the Parent Board of Directors for the 2023-2024 school year. [Please click here for more information about the Parent Board of Director roles and duties.](#)

Additionally, this will be a good time to get your questions about the school and the upcoming year answered.

A Zoom link will be sent to all members before the meeting.

See you there!

## SPREAD THE WORD

Have you and your family enjoyed your time with Waterloo Cooperative Preschool? We want you to share your experience with us!

[You can find us on google to leave your review!](#)



# RISKY PLAY!

## Benefits of Risky Play

### Emotional Regulation

Children who take safe risks learn that they can manage their fear, overcome it, and come out the other side.

### Adaptability

Children who engage in risky play develop skills to handle the feelings of nervousness and fear that can come with trying new things.

### Self-Confidence

Children who engage in risky play are more likely to take chances where there is a chance of failure.

### Physical Literacy

Physical literacy means having the skills, confidence, and love of movement needed to be active and healthy for their whole lives.

## Types of Risky Play

There are six types of risky play. They include playing:

1. At great heights (such as on a step stool)
2. At a high speed (such as running)
3. With dangerous tools (such as a hammer)
4. Near dangerous elements (such as water)
5. With rough-and-tumble interaction (such as play wrestling)
6. Where children can "disappear" or get lost (such as hide-and-seek in the backyard)

## Is risky play worth the "risk"?

Risky play is not about doing something dangerous, but about moving past uncertainty to try something exciting.

Risky play is different for every child, depending on their age and comfort level.

## What to Say to Kids Instead of "Be Careful!"

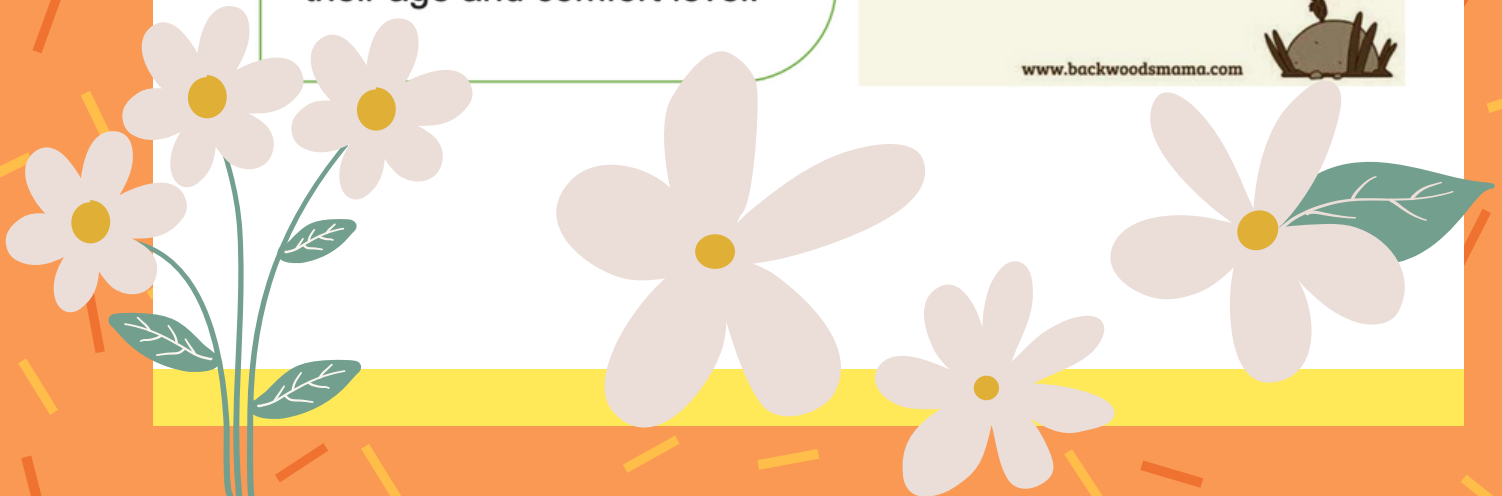
### Help Your Child Foster Awareness by Saying:

- **Notice how...** these rocks are slippery, that branch is strong...
- **Do you see...** the poison ivy, your friends nearby?
- **Try moving...** your feet carefully, your quickly, strongly.
- **Try using your...** hands, feet, arms, legs.
- **Can you hear...** the rushing water, the singing birds, the wind?
- **Do you feel...** stable on that rock, the heat from the fire?
- **Are you feeling...** scared, excited, tired, safe?

### Help Your Child Problem Solve by Saying:

- **What's your plan...** if you climb that boulder, cross that log?
- **What can you use...** to get across, for your adventure?
- **Where will you...** put that rock, climb that tree, dig that hole?
- **How will you....** get down, go up, get across?
- **Who will...** be with you, go with you, help you if?

[www.backwoodsmama.com](http://www.backwoodsmama.com)



## Benefits of Risky Play

Risky play has the obvious disadvantage of a child getting hurt, but when it is conducted in the right environment and in the right way, it has the following advantages:

- It allows children to develop problem-solving skills and to exercise their risk assessment skills, which translates into making them better at setting goals and achieving them.
- Children learn the concept of 'cause and effect' through experience and may develop a few bruises to show for it.
- It helps children deal with stress by improving their cognitive, emotional, creativity and social interaction skills – all of which help kids become more mature, independent and self-directed.
- Kids develop their motor skills and improve their understanding of their environment.
- It helps develop resilience, which helps children learn that they can deal with frightening and uncomfortable situations.
- It alleviates anxiety by giving children the thrill of possible danger and the joy of overcoming a fear.
- Children are given the opportunity to test their limits, explore their boundaries, and learn about the consequences (both positive and negative) of risk taking.



## SPONSORSHIP CORNER

A warm thank you to our sponsors for sponsoring Waterloo Co-operative Preschool! Your generous funding will allow us to provide great programming, fun field trips, and hands-on learning for our children.

### Resilience Wellness Clinic

Our goal is to provide you with a personal and positive Massage Therapy experience and educate you with proper home care so that you have the tools to achieve and maintain your most optimal health. Massage Therapy is beneficial for relieving muscle tension and associated pain, reducing feelings of stress, increasing circulation for improved healing, and improving range of motion. We look forward to helping you with your healthcare needs.

<https://www.facebook.com/resiliencewellnessclinic>



MEET OUR NEWEST MASSAGE THERAPIST,  
**Michelle Dueck**  
AT RESILIENCE WELLNESS CLINIC

Michelle (she/her) has been a RMT in Ontario for eight years. She welcomes all clients and especially enjoys supporting those with chronic conditions. Her massage treatments are a blend of rehabilitative and relaxing in support of individual health goals.

# Resilience

WELLNESS CLINIC

100 HIGHLAND ROAD W. UNIT 7  
KITCHENER, ON N2M 3B5  
226-791-5717

## THEMUSEUM

THEMUSEUM is a new kind of experiential museum – one with maverick ideas and unexpected intersections. They offer diverse exhibitions, programs and events for families and are dedicated to presenting fresh content from around the globe in unique and immersive ways.

Featuring five levels, THEMUSEUM has a little bit of everything and is designed to showcase art & technology at play! Explore their new exhibition *Beyond Human Limits* and Waterloo Regions' first digital immersive gallery, *EYEPOOL*, during your visit.

Enjoy THEMUSEUM's exhibitions all year long with a Family Membership! You'll save money on summer camps, birthday parties and special events while getting to enjoy other cultural destinations like the ROM, the Ontario Science Centre, and London Children's Museum for free!

<https://themuseum.ca/>



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### Kelly Realty Group

## KELLY REALTY GROUP

Family oriented , client focused, results driven - Over 30 years of trusted service in Waterloo Region & surrounding areas. As a father & daughter team with traditional values, we strive for the highest quality in our service. We believe in providing knowledge & excellence to our clients to allow them to make educated decisions when it comes to their real estate ventures. We look forward to helping you make your real estate dreams a reality!



**Samantha Kelly, Realtor®**

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**Paul Kelly, Broker**

519.212.1200

pkelly139@yahoo.com

www.peakrealtyltd.com

### Phonics Dad

At WCP, we support early reading skills in many ways. New this year, we're partnering with Phonics Dad to help parents reinforce these skills at home. With fun and engaging tips and tricks, Phonics Dad shows parents how to introduce Phonics to children as young as 3. Use promo code **WCP2023** for 20% off. WCP also gets back 20% of every sale using that promo code, so share with friends & family. **For more information, follow @PhonicsDad on Instagram** or talk to our staff.





Help us  
continue to make  
WCP a  
Place to Grow

## Interested in sponsoring a great organization in your community?

Waterloo Co-operative Preschool is looking for sponsors to help us continue to nurture the inquisitive minds of tomorrow! Choose one of our sponsorship levels or donate the amount of your choice for a tax receipt

### Bronze (200\$)

Company & description in our newsletter

### Silver(800\$)

Company name & description in our newsletters & on our website

### Gold (1500\$)

Company name & description on our newsletters and website, advertising on our social media pages

### Platinum (2000\$)

Company name & description on our newsletters and website, advertising on social media, company logo included on our banners

Contact the President for more info

[waterloopreschool.president@gmail.com](mailto:waterloopreschool.president@gmail.com)

